

# ABSTRACT OF THE DISCLOSURE

The invention relates to products for complete nutrition of infants or diseased or elderly persons. The products are characterised by increased levels of folic acid, vitamin B6 and vitamin B12 or their functional equivalents. These products improve feelings of well-being of infants, especially those of young age, and are useful in the treatment and prevention of diseases that are associated with disorders of serotonin and melatonin metabolism